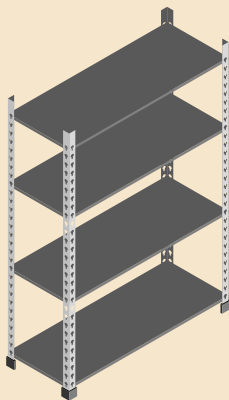


# What's Happening at **CFS**

## • FALL • **FOOD DRIVE**



## **OUR SHELVES NEED HELP!**

If you have non-perishable food items or personal care items that you can donate to CFS we are happy to accept them at:  
CFS - 210 Victoria Road 8:30 - 4:00 Monday - Friday  
Corps - 1320 Gordon Street Monday - Friday 9-12 or 1-4  
during scheduled evening programming & Sunday services

## MEET MITCH



Mitch is our newest placement student at CFS. He is studying "Adult Development" at U of G and is working with us for the next 4 months as part of his "Family Relations and Human Development" course.

He also works full-time at Community Living Guelph. He graduates in December and has long-term goals of doing outreach work. He is enjoying working with our clients as he already has rapport with many of them.

Mitch shares "It has been a different experience giving back here. Being able to provide large food hampers to families in all different walks of life is a great way to give back to the community. It has helped me to connect with the community and build rapport with the clients. Since I want to do outreach work for my career, this experience will be extremely important for connecting in the future"

## DO YOU HAVE TIME TO HELP OUR CFS TEAM?



We are always looking for people to help with product pickups, the clothing room, donation sorting, hamper packing and more.

Connect with Avery if you have time to give daily, weekly or even monthly

[abreau@guelphsa.ca](mailto:abreau@guelphsa.ca) | 519-836-9824

Autumn  
Vibes



[www.guelphsa.ca](http://www.guelphsa.ca)

